



Jan 1-4 Saugatuck MS-HS

BREAKFAST

Daily Breakfast GrabGo: Poptart, Lucky Charms, Cinnamon Toast, CocoPuffs, Trix. Assorted fresh & canned fruit, 100% fruit juice & choice of milk available daily.

Monday

NO SCHOOL

Tuesday

NO SCHOOL

Wednesday

NO SCHOOL

Thursday

Egg & Cheese Muffin

Friday

WG Waffles

DAILY FRUITS & VEGGIES

A variety of:

Romaine Salad mix

Cucumbers

Tomato

Carrots

Broccoli

Cauliflower

Tri-color peppers

Mushrooms

Spinach

Fresh & Canned Fruit

WORLD FLAIR

Monday

NO SCHOOL

Tuesday

NO SCHOOL

Wednesday

NO SCHOOL

Thursday

COOK'S CHOICE

Friday

COOK'S CHOICE

GRILL HOUSE

Served Daily

Spicy, Regular Chicken Patty, or

Home-style Cheeseburgers

All served on Fresh WG Bun

Monday

NO SCHOOL

Tuesday

NO SCHOOL

Wednesday

NO SCHOOL

Thursday

COOK'S CHOICE

Friday

COOK'S CHOICE

ITALIAN TABLE

Daily

Pepperoni Pizza 16"

Monday

NO SCHOOL

Tuesday

NO SCHOOL

Wednesday

NO SCHOOL

Thursday

COOK'S CHOICE

Friday

COOK'S CHOICE

Served Daily with

½ cup Fruit

½ cup Vegetable

8 oz. Choice of Milk

QUICK STOP

Served Daily

Hummus Plate

Chef Salad

Breakfast for Lunch Pack

Super Pretzel Pack

Fruit Parfait

Seven Layer Bean Dip & Chips

Deli Sandwich Snack Pack

Breakfast Reduced = Free

Breakfast Full Pay = \$1.90

Lunch Reduced = \$.40

Lunch Full Pay = \$2.85 (6-12)

* Menu subject to change.

This institution is an equal

opportunity provider.



Jan 7-11 Saugatuck MS-HS

Wk3

BREAKFAST

Daily Breakfast GrabnGo: Poptart, Lucky Charms, Cinnamon Toast, CocoPuffs, Trix. Assorted fresh & canned fruit, 100% fruit juice & choice of milk available daily.

Monday

Fruit Frudel

Tuesday

Breakfast Pizza

Wednesday

Fun Dunkers

Thursday

Egg & Cheese Muffin

Friday

WG Waffles

DAILY FRUITS & VEGGIES

A variety of:

Romaine Salad mix
Cucumbers
Tomato
Carrots
Broccoli
Cauliflower
Tri-color peppers
Mushrooms
Spinach
Fresh & Canned Fruit

ITALIAN TABLE

Daily

Pepperoni Pizza 16"

Monday

Meat Lovers Pizza

Tuesday

Cheese Stuffed Breadsticks
w/ Marinara Sauce

Wednesday

Cheese Flat Bread w/
Marinara Sauce

Thursday

Buffalo Chicken Pizza

Friday

Cheese Calzone with
Marinara Sauce

Served Daily with

½ cup Fruit
½ cup Vegetable
8 oz. Choice of Milk

WORLD FLAIR

Monday

Baked Potato Bar:

Baked White or Sweet Potato, Taco Meat, Cheese Sauce, Turkey Bacon, Sour Cream, Green Onion, Tortilla Chips

Tuesday

Food Truck Waffle Cone:

Kentucky Bourbon Chicken or Asian Ginger Chicken
Waffle Fries

Wednesday

Caribbean Bowl:

Tangerine Chicken
Vegetable Fried Rice
Citrus Glazed Caribbean Vegetables
Stir Fry Vegetables

Thursday

Breakfast Bowl:

Scrambled Eggs
Waffle Fries
Sausage Gravy
Biscuits
Green Onion, Diced Tomato, Assorted Peppers, Sliced Jalapeño
Strawberries
Melon

Friday

Taco Fiesta Salad Bowl:

Seasoned Taco Beef
Edibowl Tortilla
Guacamole
Salsa Verde
Pico de Gallo
Shredded Lettuce
Shredded Cheese
Sour Cream
Seasoned Fiesta Beans

GRILL HOUSE

Served Daily

Spicy, Regular Chicken Patty, or Home-style Cheeseburgers
All served on Fresh WG Bun

Monday

BBQ Grilled Chicken Sandwich

Tuesday

Cheeseburger Sliders

Wednesday

Buffalo Chicken Leg w/ Honey Corn Biscuit

Thursday

WG Cheese Stuffed Pretzels w/
Dipping Sauce

Friday

Deep Sea Platter (2 Crispy Fish Fillets
w/ 3 Mozzarella Cheese Sticks)

QUICK STOP

Served Daily

Hummus Plate
Chef Salad
Breakfast for Lunch Pack
Super Pretzel Pack
Fruit Parfait
Seven Layer Bean Dip & Chips
Deli Sandwich Snack Pack

Breakfast Reduced = Free
Breakfast Full Pay = \$1.90
Lunch Reduced = \$.40
Lunch Full Pay = \$2.85 (6-12)

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Jan 14-18 Saugatuck MS-HS

Wk4

BREAKFAST

Daily Breakfast GrabnGo: Poptart, Lucky Charms, Cinnamon Toast, CocoPuffs, Trix. Assorted fresh & canned fruit, 100% fruit juice & choice of milk available daily.

Monday

Fruit Frudel

Tuesday

Breakfast Pizza

Wednesday

Fun Dunkers

Thursday

Egg & Cheese Muffin

Friday

WG Waffles

DAILY FRUITS & VEGGIES

A variety of:

Romaine Salad Mix
Cucumbers
Tomato
Carrots
Broccoli
Cauliflower
Tri-color peppers
Mushrooms
Spinach
Fresh & Canned Fruit

ITALIAN TABLE

Daily

Pepperoni Pizza 16"

Monday

Meat Lovers Pizza

Tuesday

Cheese Stuffed Breadsticks
w/ Marinara Sauce

Wednesday

Cheese Flat Bread w/
Marinara Sauce

Thursday

Buffalo Chicken Pizza

Friday

Cheese Calzone with
Marinara Sauce

Served Daily with

½ cup Fruit
½ cup Vegetable
8 oz. Choice of Milk

WORLD FLAIR

Monday

Creamy Pasta Bowl:

WG Rotini
Chicken
Alfredo Sauce
WG Garlic Breadstick
Italian Vegetables
Roasted Zucchini

Tuesday

Home Cookin' Bowl:

Open Face Turkey & Gravy
Mashed Potatoes
WG Texas Toast
Seasoned Green Beans

Wednesday

Sweet Chili Tai Bowl:

Sweet Chili Tai Chicken
Oriental Fried Rice
Egg Roll
Midori Vegetable Blend

Thursday

Grilling Plate:

Roasted Bratwurst on a WG Bun
Lettuce, Tomato, Onion, Relish, Pickled
Veggie, Shredded Cheese, Chili Sauce
Corn on the Cob
Seasoned Potato Wedges

Friday

Walking Taco:

Seasoned Taco Meat
WG Nacho Chips
WG Fiesta Rice
Pico de Gallo, Salsa Verde, Home-style
Guacamole
Seasoned Refried Beans
Flame Roasted Corn

GRILL HOUSE

Served Daily

Spicy, Regular, Chicken Patty or
Home-Style Cheeseburgers
All served on Fresh WG Bun

Monday

BBQ Grilled Chicken Sandwich

Tuesday

Cheeseburger Sliders

Wednesday

Spicy Popcorn Chicken (20)

Thursday

WG Cheese Stuffed Pretzels w/
Dipping Sauce

Friday

Deep Sea Platter (2 Crispy Fish Fillets
w/ 3 Mozzarella Cheese Sticks)

QUICK STOP

Served Daily

Hummus Plate
Chef Salad
Breakfast for Lunch Pack
Super Pretzel Pack
Fruit Parfait
Seven Layer Bean Dip & Chips
Deli Sandwich Snack Pack

Breakfast Reduced = Free

Breakfast Full Pay = \$1.90

Lunch Reduced = \$.40

Lunch Full Pay = \$2.85 (6-12)

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Jan 21-25 Saugatuck MS-HS

Wk1

BREAKFAST

Daily Breakfast GrabGo: Poptart, Lucky Charms, Cinnamon Toast, CocoPuffs, Trix. Assorted fresh & canned fruit, 100% fruit juice & choice of milk available daily.

Monday

Fruit Frudel

Tuesday

Breakfast Pizza

Wednesday

Fun Dunkers

Thursday

Egg & Cheese Muffin

Friday

WG Waffles

DAILY FRUITS & VEGGIES

A variety of:

Romaine Salad Mix
Cucumbers
Tomato
Carrots
Broccoli
Cauliflower
Tri-color peppers
Mushrooms
Spinach
Fresh & Canned Fruit

ITALIAN TABLE

Daily

Pepperoni Pizza 16"

Monday

Meat Lovers Pizza

Tuesday

Cheese Stuffed Breadsticks
w/ Marinara Sauce

Wednesday

Cheese Flat Bread w/
Marinara Sauce

Thursday

Buffalo Chicken Pizza

Friday

½ DAY NO LUNCH

Served Daily with

½ cup Fruit
½ cup Vegetable
8 oz. Choice of Milk

WORLD FLAIR

Monday

Cheesy Mac Bowl:

Buffalo Chicken Mac & Cheese or
Smokehouse Mac & Cheese
Steamed Broccoli
Seasoned Carrots

Tuesday

Crispy Chicken Bowl:

Oven Baked Breaded Chicken
Oven Roasted Redskin
Honey Corn Biscuit
Green Beans
Sautéed Corn

Wednesday

Teriyaki Stir Fry Bowl:

Teriyaki Chicken
WG Egg Roll
Garlic & Chili Roasted Broccoli
Mini Corn
Riviera Blend

Thursday

Home Cookin' Bowl:

Meatloaf w/ Gravy
Red Skin Mashed Potatoes
WG Dinner Roll
Roasted Brussels Sprouts

Friday

½ DAY NO LUNCH

GRILL HOUSE

Served Daily

Spicy, Regular Chicken Patty or
Home-Style Cheeseburgers
All served on Fresh WG Bun

Monday

BBQ Grilled Chicken Sandwich

Tuesday

Cheeseburger Sliders

Wednesday

Buffalo Chicken Leg w/ Honey Corn
Biscuit

Thursday

WG Cheese Stuffed Pretzels w/
Dipping Sauce

Friday

½ DAY NO LUNCH

QUICK STOP

Served Daily

Hummus Plate
Chef Salad
Breakfast for Lunch Pack
Super Pretzel Pack
Fruit Parfait
Seven Layer Bean Dip & Chips
Deli Sandwich Snack Pack

Breakfast Reduced = Free

Breakfast Full Pay = \$1.90

Lunch Reduced = \$.40

Lunch Full Pay = \$2.85 (6-12)

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Jan 28-Feb 1 Saugatuck MS-HS

Wk2

BREAKFAST

Daily Breakfast GrabnGo: Poptart, Lucky Charms, Cinnamon Toast, CocoPuffs, Trix. Assorted fresh & canned fruit, 100% fruit juice & choice of milk available daily.

Monday

Fruit Frudel

Tuesday

Breakfast Pizza

Wednesday

Fun Dunkers

Thursday

Egg & Cheese Muffin

Friday

WG Waffles

DAILY FRUITS & VEGGIES

A variety of:

Romaine Salad Mix
Cucumbers
Tomato
Carrots
Broccoli
Cauliflower
Tri-color peppers
Mushrooms
Spinach
Fresh & Canned Fruit

ITALIAN TABLE

Daily

Pepperoni Pizza 16"

Monday

Meat Lovers Pizza

Tuesday

Cheese Stuffed Breadsticks
w/ Marinara Sauce

Wednesday

Cheese Flat Bread w/
Marinara Sauce

Thursday

Buffalo Chicken Pizza

Friday

Cheese Calzone w/ Marinara
Sauce

Served Daily with

½ cup Fruit
½ cup Vegetable
8 oz. Choice of Milk

WORLD FLAIR

Monday

Saucy Pasta Bowl:

WG Spaghetti
Italian Meat Sauce
WG Garlic Breadstick Twist
Italian Broccoli
Glazed Rosemary Baby Carrots

Tuesday

Tender Nation Bowl:

Hot Honey BBQ or Asian Garlic
Chicken Tenders
Baked Waffle Fries
WG Dinner Roll
Broccoli Salad
Seasoned Green Beans
Honey Glazed Baby Carrots

Wednesday

Sweet & Sour Chicken Bowl:

Tangerine Chicken, Veggie Fried Rice
Asian Vegetables
Stir Fried Vegetable

Thursday

Western BBQ Plate:

Slow Roasted Maple-Bacon Ribs or
Memphis Sweet Ribs
Cole Slaw
WG Garlic Toast
Home-style Baked Beans
Corn on the Cob

Friday

Fajita Chicken Salad Bowl:

Seasoned Chicken Fajita meat
Tortilla Edibowl
Corn & Black Beans
Shredded Cheese
RF Corn Chips
Spanish Rice
Guacamole, Salsa Verde, RF Ranch,
Pico de Gallo, Refried Beans, Southwest
Sweet Potato Cubes

GRILL HOUSE

Served Daily

Spicy, Regular Chicken Patty or
Home-style Cheeseburgers
All served on Fresh WG Bun

Monday

BBQ Grilled Chicken Sandwich

Tuesday

Cheeseburger Sliders

Wednesday

Spicy Popcorn Chicken

Thursday

WG Cheese Stuffed Pretzels w/
Dipping Sauce

Friday

Deep Sea Platter (2 Crispy Fish Fillets
w/ 3 Mozzarella Cheese Sticks)

QUICK STOP

Served Daily

Hummus Plate
Chef Salad
Breakfast for Lunch Pack
Super Pretzel Pack
Fruit Parfait
Seven Layer Bean Dip & Chips
Deli Sandwich Snack Pack

Breakfast Reduced = Free

Breakfast Full Pay = \$1.90

Lunch Reduced = \$.40

Lunch Full Pay = \$2.85 (6-12)

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