



# FEBRUARY | 2019

## Douglas Elementary


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>28</b> <b>SAUGATUCK Lunch Prices</b> Full Price K-5 = \$2.50 Reduced Price = \$.40 Milk Ala Carte = \$.75</p>	<p><b>29</b></p>	<p><b>30</b> Breakfast: Fun Dunkers A: Turkey with Mashed Potatoes, Gravy &amp; Corn Biscuit B: WG Breaded Chicken Patty on a WW Bun Vegetable: Corn Fruit: Assorted Fresh and Canned</p>	<p><b>3</b> Breakfast: Egg and Cheese Muffin A: Popcorn Shrimp w/ Sweet &amp; Sour Dipping Sauce &amp; Egg Roll B: WG Breaded Chicken Patty on a WW Bun Vegetable: Sesame Broccoli Fruit: Assorted Fresh and Canned</p>	<p><b>1</b> Breakfast: WG Waffles A: Pizza Calzone B: WG Breaded Chicken Patty on a WW Bun Vegetable: Sweet Seasoned French Fries Fruit: Assorted Fresh and Canned</p>
<p><b>4</b> Breakfast: Fruit Frudel A: Macaroni &amp; Cheese B: Cheese Stuffed Breadsticks w/ Sauce Vegetable: Carrots Fruit: Assorted Fresh and Canned</p>	<p><b>5</b> Breakfast: Breakfast Pizza A: Tater Taco (tater tots topped with turkey taco meat &amp; cheese served with Fiesta Rice) B: Cheese Stuffed Breadsticks w/ Sauce Vegetable: Black Bean Salas Fruit: Assorted Fresh and Canned</p>	<p><b>6</b> Breakfast: Fun Dunkers A: WG Grilled Cheese Sandwich w/ Tomato Soup B: Cheese Stuffed Breadsticks w/ Sauce Vegetable: Potato Salad Fruit: Assorted Fresh and Canned</p>	<p><b>7</b> Breakfast: Egg and Cheese Muffin A: Tangerine Chicken Rice Bowl (WG Chicken tossed in sweet tangy orange sauce over vegetable fried rice) B: Cheese Stuffed Breadsticks w/ Sauce Vegetable: Broccoli Fruit: Assorted Fresh and Canned</p>	<p><b>8</b> Breakfast: WG Waffles  <b>½ DAY OF SCHOOL NO LUNCH</b></p>
<p><b>11</b> Breakfast: Fruit Frudel A: Scrambled Eggs w/ Pancakes B: Chicken Tenders w/ Soft Pretzel Vegetable: Oven Baked Smiles Fries Fruit: Assorted Fresh and Canned</p>	<p><b>12</b> Breakfast: Breakfast Pizza A: Totally Taco Bites (mini stuffed taco with beef, cheese &amp; taco sauce) B: Chicken Tenders w/ Soft Pretzel Vegetable: Refried Beans Fruit: Assorted Fresh and Canned</p>	<p><b>13</b> Breakfast: Fun Dunkers A: Popcorn Chicken Bowl (WG Breaded chicken served over mashed potatoes w/ gravy) B: Chicken Tenders w/ Soft Pretzel Vegetable: Green Beans Fruit: Assorted Fresh and Canned</p>	<p><b>14</b> Breakfast: Egg/ Cheese Muffin A: Teriyaki Beef w/ Egg Roll B: Chicken Tenders w/ Soft Pretzel Vegetable: Broccoli &amp; Carrots Fruit: Assorted Fresh and Canned</p>	<p><b>15</b> Breakfast: WG Waffles A: Pizza Calzone B: Chicken Tenders w/ Soft Pretzel Vegetable: Sweet Seasoned French Fries Fruit: Assorted Fresh and Canned</p>
<p><b>18</b> <b>WINTER BREAK NO SCHOOL</b> </p>	<p><b>19</b> Breakfast: Breakfast Pizza A: Walking Taco (tortilla chips, taco meat &amp; cheese) B: Hamburger w/ Cheese, WW Bun Vegetable: Fresh Pico de Gallo Fruit: Assorted Fresh and Canned</p>	<p><b>20</b> Breakfast: Fun Dunkers A: Baked Chicken Leg w/ Corn Biscuit B: Hamburger w/ Cheese, WW Bun Vegetable: Savory Garlic Mashed Potatoes Fruit: Assorted Fresh and Canned</p>	<p><b>21</b> Breakfast: Egg &amp; Cheese Muffin A: Teriyaki Stir Fry Noodle Bowl (tender chicken strips w/ teriyaki sauce &amp; LoMein noodles &amp; veggies) B: Hamburger w/ Cheese, WW Bun Vegetable: Garlic &amp; Chili Roasted Broccoli Fruit: Assorted Fresh and Canned</p>	<p><b>22</b> Breakfast: WG Waffles A: Home-style Pizza B: Hamburger w/ Cheese on a WW Bun Vegetable: Baked Beans Fruit: Assorted Fresh and Canned</p>
<p><b>25</b> Breakfast: Fruit Frudel A: Yogurt Bar (Yogurt, String Cheese, Cereal) B: WG Breaded Chicken Patty on a WW Bun Vegetable: Sliced Cucumbers Fruit: Assorted Fresh and Canned</p>	<p><b>26</b> Breakfast: Breakfast Pizza A: Taco Fiesta Pizza (WG cornmeal pizza dough topped with beef, cheese and taco sauce) B: WG Breaded Chicken Patty on a WW Bun Vegetable: Chili Beans Fruit: Assorted Fresh and Canned</p>	<p><b>27</b> Breakfast: Fun Dunkers A: Turkey with Mashed Potatoes, Gravy &amp; Corn Biscuit B: WG Breaded Chicken Patty on a WW Bun Vegetable: Corn Fruit: Assorted Fresh and Canned</p>	<p><b>28</b> Breakfast: Egg and Cheese Muffin A: Popcorn Shrimp w/ Sweet &amp; Sour Dipping Sauce &amp; Egg Roll B: WG Breaded Chicken Patty on a WW Bun Vegetable: Sesame Broccoli Fruit: Assorted Fresh and Canned</p>	<p><b>1</b> Breakfast: WG Waffles A: Pizza Calzone B: WG Breaded Chicken Patty on a WW Bun Vegetable: Sweet Seasoned French Fries Fruit: Assorted Fresh and Canned</p>

**Breakfast Daily:**

**\$1.90 Full Price**

**\$0 Free & Reduced**

**Includes:** 100% Fruit Juice or Fruit & Choice of Milk

**Choices Daily:**

Grab n Go Breakfast Kits: Poptart, Lucky Charms, Cinnamon Toast, Coco Puffs, Trix

**Lunch Daily:**

**Fun Lunch**

Turkey & Cheese Sandwich on a Hawaiian Bun, Cheese Snack Cubes, Applesauce Cup & Veggies

**Fresh Fruit & Veggie Bar**

Apples & Oranges, Carrot Sticks, Romaine Lettuce, Cucumbers, Tomatoes, Broccoli

**Milk Choice:**

White, Chocolate & Strawberry (Low & Fat Free)