

# APRIL | 2019

## Douglas Elementary



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1	2	3	4	5
<p><b>SPRING BREAK - NO SCHOOL</b>  <b>Special NSBW Winning Breakfast Menu April 8-12</b></p>				
<p><b>8</b> Breakfast: Fruit Frudel</p> <p>A: Macaroni &amp; Cheese                      B: Cheese Stuffed Breadsticks w/ Sauce                      Vegetable: Carrots                      Fruit: Assorted Fresh and Canned</p>	<p><b>9</b> Breakfast: Breakfast Pizza</p> <p>A: Tater Taco (tater tots topped with turkey taco meat &amp; cheese served with Fiesta Rice)                      B: Cheese Stuffed Breadsticks w/ Sauce                      Vegetable: Black Bean Salas                      Fruit: Assorted Fresh and Canned</p>	<p><b>10</b> Breakfast: Fun Dunkers</p> <p>A: WG Grilled Cheese Sandwich w/ Tomato Soup                      B: Cheese Stuffed Breadsticks w/ Sauce                      Vegetable: Potato Salad                      Fruit: Assorted Fresh and Canned</p>	<p><b>11</b> Breakfast: Egg &amp; Cheese Muffin</p> <p>A: Tangerine Chicken Rice Bowl (WG Chicken tossed in sweet tangy orange sauce over vegetable fried rice)                      B: Cheese Stuffed Breadsticks w/ Sauce                      Vegetable: Broccoli                      Fruit: Assorted Fresh and Canned</p>	<p><b>12</b> Breakfast: WG Waffles</p> <p>A: Home-style Pizza                      B: Cheese Stuffed Breadsticks w/ Sauce                      Vegetable: Green Beans                      Fruit: Assorted Fresh and Canned</p>
<p><b>15</b> Breakfast: Fruit Frudel</p> <p>A: Scrambled Eggs w/ Pancakes                      B: Chicken Tenders w/ Soft Pretzel                      Vegetable: Oven Baked Smiles Fries                      Fruit: Assorted Fresh and Canned</p>	<p><b>16</b> Breakfast: Breakfast Pizza</p> <p>A: Totally Taco Bites (mini stuffed taco with beef, cheese &amp; taco sauce)                      B: Chicken Tenders w/ Soft Pretzel                      Vegetable: Refried Beans                      Fruit: Assorted Fresh and Canned</p>	<p><b>17</b> Breakfast: Fun Dunkers</p> <p>A: Popcorn Chicken Bowl (WG Breaded chicken served over mashed potatoes w/ gravy)                      B: Chicken Tenders w/ Soft Pretzel                      Vegetable: Green Beans                      Fruit: Assorted Fresh and Canned</p>	<p><b>18</b> Breakfast: Egg/ Cheese Muffin</p> <p>A: Teriyaki Beef w/ Egg Roll                      B: Chicken Tenders w/ Soft Pretzel                      Vegetable: Broccoli &amp; Carrots                      Fruit: Assorted Fresh and Canned</p>	<p><b>19</b> Breakfast: WG Waffles</p> <p>A: Pizza Calzone                      B: Chicken Tenders w/ Soft Pretzel                      Vegetable: Sweet Seasoned French Fries                      Fruit: Assorted Fresh and Canned</p>
<p><b>22</b> Breakfast: Fruit Frudel</p> <p>A: Baked Spaghetti w/ Cheese                      B: Hamburger w/ Cheese, WW Bun                      Vegetable: Green Beans                      Fruit: Assorted Fresh &amp; Canned</p>	<p><b>23</b> Breakfast: Breakfast Pizza</p> <p>A: Walking Taco (tortilla chips, taco meat &amp; cheese)                      B: Hamburger w/ Cheese, WW Bun                      Vegetable: Fresh Pico de Gallo                      Fruit: Assorted Fresh and Canned</p>	<p><b>24</b> Breakfast: Fun Dunkers</p> <p>A: Baked Chicken Leg w/ Corn Biscuit                      B: Hamburger w/ Cheese, WW Bun                      Vegetable: Savory Garlic Mashed Potatoes                      Fruit: Assorted Fresh and Canned</p>	<p><b>25</b> Breakfast: Egg &amp; Cheese Muffin</p> <p>A: Teriyaki Stir Fry Noodle Bowl (tender chicken strips w/ teriyaki sauce &amp; LoMein noodles &amp; veggies)                      B: Hamburger w/ Cheese, WW Bun                      Vegetable: Garlic &amp; Chili Roasted Broccoli                      Fruit: Assorted Fresh and Canned</p>	<p><b>26</b> <b>NO SCHOOL</b></p>
<p><b>29</b> Breakfast: Fruit Frudel</p> <p>A: Yogurt Bar (Yogurt, String Cheese, Cereal)                      B: WG Breaded Chicken Patty on a WW Bun                      Vegetable: Sliced Cucumbers                      Fruit: Assorted Fresh and Canned</p>	<p><b>30</b> Breakfast: Breakfast Pizza</p> <p>A: Taco Fiesta Pizza (WG cornmeal pizza dough topped with beef, cheese and taco sauce)                      B: WG Breaded Chicken Patty on a WW Bun                      Vegetable: Chili Beans                      Fruit: Assorted Fresh &amp; Canned</p>	<p><b>1</b> Breakfast: Fun Dunkers</p> <p>A: Turkey with Mashed Potatoes, Gravy &amp; Corn Biscuit                      B: WG Breaded Chicken Patty on a WW Bun                      Vegetable: Corn                      Fruit: Assorted Fresh and Canned</p>	<p><b>2</b> Breakfast: Egg and Cheese Muffin</p> <p>A: Popcorn Shrimp w/ Sweet &amp; Sour Dipping Sauce &amp; Egg Roll                      B: WG Breaded Chicken Patty on a WW Bun                      Vegetable: Sesame Broccoli                      Fruit: Assorted Fresh &amp; Canned</p>	<p><b>3</b> Breakfast: WG Waffles</p> <p>A: Pizza Calzone                      B: WG Breaded Chicken Patty on a WW Bun                      Vegetable: Sweet Seasoned French Fries                      Fruit: Assorted Fresh and Canned</p>

### **Breakfast Daily:**

**\$1.90 Full Price**

**\$0 Free & Reduced**

**Includes:** 100% Fruit Juice or Fruit & Choice of Milk

### **Choices Daily:**

Grab n Go Breakfast Kits:  
 Poptart, Lucky Charms,  
 Cinnamon Toast, Coco  
 Puffs, Trix

### **Lunch Daily:**

#### **Fun Lunch**

Turkey & Cheese Sandwich on a Hawaiian Bun, Cheese Snack Cubes, Applesauce Cup & Veggies

#### **Fresh Fruit & Veggie Bar**

Apples & Oranges, Carrot Sticks, Romaine Lettuce, Cucumbers, Tomatoes, Broccoli

#### **Milk Choice:**

White, Chocolate & Strawberry (Low & Fat Free)

### **SAUGATUCK**

#### **Lunch Prices**

**Full Price**

**K-5 = \$2.50**

**Reduced Price = \$.40**

**Milk Ala Carte = \$.75**