

# MAY | 2019

## Douglas Elementary



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**29** Breakfast: Fruit Frudel

A: Yogurt Bar (Yogurt, String Cheese, Cereal)  
B: WG Breaded Chicken Patty on a WW Bun  
Vegetable: Sliced Cucumbers  
Fruit: Assorted Fresh and Canned

**6** Breakfast: Fruit Frudel

A: Macaroni & Cheese  
B: Cheese Stuffed Breadsticks w/ Sauce  
Vegetable: Carrots  
Fruit: Assorted Fresh and Canned

**13** Breakfast: Fruit Frudel

A: Scrambled Eggs w/ Pancakes  
B: Chicken Tenders w/ Soft Pretzel  
Vegetable: Oven Baked Smiles Fries  
Fruit: Assorted Fresh and Canned

**20** Breakfast: Fruit Frudel

A: Baked Spaghetti w/ Cheese  
B: Hamburger w/ Cheese, WW Bun  
Vegetable: Green Beans  
Fruit: Assorted Fresh & Canned

**27** NO SCHOOL



**30** Breakfast: Breakfast Pizza

A: Taco Fiesta Pizza (WG cornmeal pizza dough topped with beef, cheese and taco sauce)  
B: WG Breaded Chicken Patty on a WW Bun  
Vegetable: Chili Beans  
Fruit: Assorted Fresh & Canned

**7** Breakfast: Breakfast Pizza

A: Tater Taco (tater tots topped with turkey taco meat & cheese served with Fiesta Rice)  
B: Cheese Stuffed Breadsticks w/ Sauce  
Vegetable: Black Bean Salas  
Fruit: Assorted Fresh and Canned

**14** Breakfast: Breakfast Pizza

A: Totally Taco Bites (mini stuffed taco with beef, cheese & taco sauce)  
B: Chicken Tenders w/ Soft Pretzel  
Vegetable: Refried Beans  
Fruit: Assorted Fresh and Canned

**21** Breakfast: Breakfast Pizza

A: Walking Taco (tortilla chips, taco meat & cheese)  
B: Hamburger w/ Cheese, WW Bun  
Vegetable: Fresh Pico de Gallo  
Fruit: Assorted Fresh and Canned

**28** Breakfast: Breakfast Pizza

A: Taco Fiesta Pizza (WG cornmeal pizza dough topped with beef, cheese and taco sauce)  
B: WG Breaded Chicken Patty on a WW Bun  
Vegetable: Chili Beans  
Fruit: Assorted Fresh & Canned

**1** Breakfast: Fun Dunkers

A: Turkey with Mashed Potatoes, Gravy & Corn Biscuit  
B: WG Breaded Chicken Patty on a WW Bun  
Vegetable: Corn  
Fruit: Assorted Fresh and Canned

**8** Breakfast: Fun Dunkers

A: WG Grilled Cheese Sandwich w/ Tomato Soup  
B: Cheese Stuffed Breadsticks w/ Sauce  
Vegetable: Potato Salad  
Fruit: Assorted Fresh and Canned

**15** Breakfast: Fun Dunkers

A: Popcorn Chicken Bowl (WG Breaded chicken served over mashed potatoes w/ gravy)  
B: Chicken Tenders w/ Soft Pretzel  
Vegetable: Green Beans  
Fruit: Assorted Fresh and Canned

**22** Breakfast: Fun Dunkers

A: Baked Chicken Leg w/ Corn Biscuit  
B: Hamburger w/ Cheese, WW Bun  
Vegetable: Savory Garlic Mashed Potatoes  
Fruit: Assorted Fresh and Canned

**29** Breakfast: Fun Dunkers

A: Turkey with Mashed Potatoes, Gravy & Corn Biscuit  
B: WG Breaded Chicken Patty on a WW Bun  
Vegetable: Corn  
Fruit: Assorted Fresh & Canned

**2** Breakfast: Egg and Cheese Muffin

A: Popcorn Shrimp w/ Sweet & Sour Dipping Sauce & Egg Roll  
B: WG Breaded Chicken Patty on a WW Bun  
Vegetable: Sesame Broccoli  
Fruit: Assorted Fresh & Canned

**9** Breakfast: Egg & Cheese Muffin

A: Tangerine Chicken Rice Bowl (WG Chicken tossed in sweet tangy orange sauce over vegetable fried rice)  
B: Cheese Stuffed Breadsticks w/ Sauce  
Vegetable: Broccoli  
Fruit: Assorted Fresh and Canned

**16** Breakfast: Egg/ Cheese Muffin

A: Teriyaki Beef w/ Egg Roll  
B: Chicken Tenders w/ Soft Pretzel  
Vegetable: Broccoli & Carrots  
Fruit: Assorted Fresh and Canned

**23** Breakfast: Egg & Cheese Muffin

A: Teriyaki Stir Fry Noodle Bowl (tender chicken strips w/ teriyaki sauce & LoMein noodles & veggies)  
B: Hamburger w/ Cheese, WW Bun  
Vegetable: Garlic & Chili Roasted Broccoli  
Fruit: Assorted Fresh and Canned

**30** Breakfast: Egg & Cheese Muffin

A: Popcorn Shrimp w/ Sweet & Sour Dipping Sauce & Egg Roll  
B: WG Breaded Chicken Patty on a WW Bun  
Vegetable: Sesame Broccoli  
Fruit: Assorted Fresh & Canned

**3** Breakfast: WG Confetti Pancakes

A: Pizza Calzone  
B: WG Breaded Chicken Patty on a WW Bun  
Vegetable: Sweet Seasoned French Fries  
Fruit: Assorted Fresh and Canned

**10** Breakfast: WG Confetti Pancakes

A: Home-style Pizza  
B: Cheese Stuffed Breadsticks w/ Sauce  
Vegetable: Green Beans  
Fruit: Assorted Fresh and Canned

**17** Breakfast: WG Confetti Pancakes

A: Pizza Calzone  
B: Chicken Tenders w/ Soft Pretzel  
Vegetable: Sweet Seasoned French Fries  
Fruit: Assorted Fresh and Canned

**24** Breakfast: WG Confetti Pancakes

A: Home-style Pizza  
B: Hamburger w/ Cheese on a WW Bun  
Vegetable: Baked Beans  
Fruit: Assorted Fresh & Canned

**31** Breakfast: WG Confetti Pancakes

A: Pizza Calzone  
B: WG Breaded Chicken Patty on a WW Bun  
Vegetable: Sweet Seasoned French Fries  
Fruit: Assorted Fresh and Canned

### **Breakfast Daily:**

**\$1.90 Full Price**

**\$0 Free & Reduced**

**Includes:** 100% Fruit Juice or Fruit & Choice of Milk

### **Choices Daily:**

Grab n Go Breakfast Kits:  
Poptart, Lucky Charms,  
Cinnamon Toast, Coco  
Puffs, Trix

### **Lunch Daily:**

#### **Fun Lunch**

Turkey & Cheese Sandwich  
on a Hawaiian Bun, Cheese  
Snack Cubes, Applesauce  
Cup & Veggies

#### **Fresh Fruit & Veggie Bar**

Apples & Oranges, Carrot  
Sticks, Romaine Lettuce,  
Cucumbers, Tomatoes,  
Broccoli

#### **Milk Choice:**

White, Chocolate &  
Strawberry (Low & Fat Free)

### **SAUGATUCK**

#### **Lunch Prices**

**Full Price**

**K-5 = \$2.50**

**Reduced Price = \$4.00**

**Milk Ala Carte = \$7.50**