

SEPTEMBER | 2019



Douglas Elementary

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

2



3 Breakfast: Breakfast Pizza
A: South of the Border Nachos (tender chicken fajita strips w/ queso cheese & WG tortilla chips)
B: Cheese Stuffed Breadsticks w/ Sauce
Vegetable: Black Bean Salas
Fruit: Assorted Fresh and Canned

4 Breakfast: Fun Dunkers
A: Sausage w/ Pancakes
B: Cheese Stuffed Breadsticks w/ Sauce
Vegetable: Oven Baked Smile Fries
Fruit: Assorted Fresh and Canned

5 Breakfast: Ultimate Breakfast Round
A: Orange Rice Bowl (WG chicken tossed in an orange sauce over vegetable fried rice)
B: Cheese Stuffed Breadsticks w/ Sauce
Vegetable: Prince Charles Blend
Fruit: Assorted Fresh and Canned

6 Breakfast: WG Confetti Pancakes
A: Home-style Pepperoni Pizza
B: Cheese Stuffed Breadsticks w/ Sauce
Vegetable: Broccoli
Fruit: Assorted Fresh and Canned

9 Breakfast: Cinnamon Pretzel
A: WG Grilled Cheese Sandwich w/ Hearty Tomato Soup
B: Hot Dog on a WW Bun
Vegetable: Potato Salad
Fruit: Assorted Fresh and Canned

10 Breakfast: Breakfast Pizza
A: Burrito (ground beef, chili & beans)
B: WG Breaded Carnival Corn Dogs
Vegetable: Refried Beans
Fruit: Assorted Fresh and Canned

11 Breakfast: Fun Dunkers
A: Popcorn Chicken Bowl (WG breaded chicken served over mashed potatoes w/ gravy)
B: Hot Dog on a WW Bun
Vegetable: Green Beans
Fruit: Assorted Fresh and Canned

12 Breakfast: Ultimate Breakfast Round
A: Korean BBQ Bowl (Korean BBQ beef w/ lo-Mein noodles & egg roll)
B: WG Breaded Carnival Corn Dog
Vegetable: Bok Choy
Fruit: Assorted Fresh and Canned

13 Breakfast: WG Confetti Pancakes
A: Meat Lovers Pizza Calzone
B: Hog Dog on a WW Bun
Vegetable: Sweet Seasoned French Fries
Fruit: Assorted Fresh and Canned

16 Breakfast: Cinnamon Pretzel
A: WG Breaded Fish Sticks
B: Hamburger w/ Cheese, WW Bun
Vegetable: Steamed Seasoned Broccoli
Fruit: Assorted Fresh & Canned

17 Breakfast: Breakfast Pizza
A: Walking Taco (tortilla chips, taco meat & cheese)
B: Hamburger w/ Cheese, WW Bun
Vegetable: Fresh Pico de Gallo
Fruit: Assorted Fresh and Canned

18 Breakfast: Fun Dunkers
A: Baked Chicken Leg w/ Corn Biscuit
B: Hamburger w/ Cheese, WW Bun
Vegetable: Savory Garlic Mashed Potatoes
Fruit: Assorted Fresh and Canned

19 Breakfast: Ultimate Breakfast Round
A: Sweet & Sour Rice Bowl (popcorn shrimp w/ sweet & sour sauce, fried rice & egg roll)
B: Hamburger w/ Cheese, WW Bun
Vegetable: Far East Blend
Vegetable Stir Fry
Fruit: Assorted Fresh and Canned

20 Breakfast: WG Confetti Pancakes
A: Home-style Pepperoni Pizza
B: Hamburger w/ Cheese on a WW Bun
Vegetable: Baked Beans
Fruit: Assorted Fresh and Canned

23 Breakfast: Cinnamon Pretzel
A: Waffle Funnel Cake w/ Warm Apple Slices & Vanilla Frozen Yogurt
B: WG Breaded Chicken Patty on a WW Bun
Vegetable: Sliced Cucumbers & Celery Sticks
Fruit: Assorted Fresh and Canned

24 Breakfast: Breakfast Pizza
A: Chalupa (WG tortilla w/ beans, cheese, lettuce, tomato & fiesta rice)
B: WG Breaded Chicken Patty on a WW Bun
Vegetable: Chili Beans
Fruit: Assorted Fresh and Canned

25 Breakfast: Fun Dunkers
A: Turkey with Mashed Potatoes, Gravy & Corn Biscuit
B: WG Breaded Chicken Patty on a WW Bun
Vegetable: Corn
Fruit: Assorted Fresh and Canned

26 Breakfast: Ultimate Breakfast Round
A: Lo-Mein Noodle Bowl (beef & broccoli with lo-mein noodles & dumpling)
B: WG Breaded Chicken Patty on a WW Bun
Vegetable: Sesame Broccoli
Fruit: Assorted Fresh and Canned

27 Breakfast: WG Confetti Pancakes
A: Meat Lovers Pizza Calzone
B: WG Breaded Chicken Patty on a WW Bun
Vegetable: Sweet Seasoned French Fries
Fruit: Assorted Fresh and Canned

30 Breakfast: Cinnamon Pretzel
A: Creamy Baked Macaroni & Cheese
B: Cheese Stuffed Breadsticks w/ Sauce
Vegetable: Carrots
Fruit: Assorted Fresh and Canned

1 Breakfast: Breakfast Pizza
A: South of the Border Nachos (tender chicken fajita strips w/ queso cheese & WG tortilla chips)
B: Cheese Stuffed Breadsticks w/ Sauce
Vegetable: Black Bean Salas
Fruit: Assorted Fresh and Canned

2 Breakfast: Fun Dunkers
A: Sausage w/ Pancakes
B: Cheese Stuffed Breadsticks w/ Sauce
Vegetable: Oven Baked Smile Fries
Fruit: Assorted Fresh and Canned

3 Breakfast: Ultimate Breakfast Round
A: Orange Rice Bowl (WG chicken tossed in an orange sauce over vegetable fried rice)
B: Cheese Stuffed Breadsticks w/ Sauce
Vegetable: Prince Charles Blend
Fruit: Assorted Fresh and Canned

4 Breakfast: WG Confetti Pancakes
A: Home-style Pepperoni Pizza
B: Cheese Stuffed Breadsticks w/ Sauce
Vegetable: Broccoli
Fruit: Assorted Fresh and Canned

Breakfast Daily:

\$1.90 Full Price

\$0 Free & Reduced

Includes: 100% Fruit Juice or Fruit & Choice of Milk

Choices Daily:

Grab n Go Breakfast Kits:
Poptart, Lucky Charms,
Cinnamon Toast, Coco
Puffs, Trix

Lunch Daily:

Fun Lunch

Turkey & Cheese Sandwich on a Hawaiian Bun, Cheese Snack Cubes, Applesauce Cup & Veggies

Fresh Fruit & Veggie Bar

Apples & Oranges, Carrot Sticks, Romaine Lettuce, Cucumbers, Tomatoes, Broccoli

Milk Choice:

White, Chocolate & Strawberry (Low & Fat Free)

SAUGATUCK

Lunch Prices

Full Price

K-5 = \$2.50

Reduced Price = \$.40

Milk Ala Carte = \$.75