



September 26 – September 30

BREAKFAST

Daily Breakfast Grab-n-Go: Assorted breakfast cereal kits. Assorted fresh & canned fruit, 100% fruit juice & choice of milk.

Monday

Sausage Pancake Bites

Tuesday

Baked Oatmeal Rounds

Wednesday

Pancake Bites

Thursday

Donut Bites

Friday

Breakfast Pizza

DAILY FRUITS & VEGGIES

Romaine Salad,
Cucumbers,
Fresh Mushrooms,
Fresh Peppers, Grape
Tomatoes,
Apples
Fresh Carrots
Assorted canned and Fresh
Fruit
Assorted fresh Veggies

ITALIAN TABLE

Daily

Veggie Delight Pizza on a WW
Crust

Pepperoni Pizza on a WW
Crust

Buffalo Chicken Pizza on a
WW Crust

All Meals Served Daily with

½ cup Fruit
½ cup Vegetable
8 oz. Choice of Milk

WORLD FLAIR

Monday

Rotini with Meat Sauce and Breadstick
Served with Green Beans

Tuesday

Sweet & Spicy Korean Meatballs w/
Smokey Mashed Potatoes & WG Chili
Honey Biscuit Served with Seasoned
Carrots

Wednesday

General Tso Chicken with Fried Rice
Served with Soy Roasted Broccoli

Thursday

Baked Potato Bar: Baked Potato w/
Philly Mac N Cheese or Taco Mac N
Cheese, Fritos Served with Grilled
Onions and Peppers & Black Beans

Friday

Breakfast for Lunch: Biscuits and Gravy
or Scrambled Eggs and Biscuit
w/ Hash Browns and Warm
Apple Slices

GRILL HOUSE

Monday: Chicken Sandwich,
Vegetarian Burger, Bacon Cheese
Burger

Tuesday: Nashville Hot Chicken
Sandwich, Vegetarian Burger, Brat on
a WW Bun

Wednesday: Chicken Sandwich,
Vegetarian Burger, Burrito

Thursday: Nashville Hot Chicken
Sandwich, Vegetarian Burger,
Chicken Nuggets

Friday: Chicken Sandwich,
Vegetarian Burger, Meatball Sub



**SAUGATUCK
PUBLIC SCHOOLS**

QUICK STOP

Served Daily

Chef Salad
Peanut Butter & Jelly Boxed Lunch
Pizza Kit Boxed Lunch
Turkey & Cheese Kit Box Lunch
Grilled Vegetable & Hummus
Wrap
Yogurt, Granola, & Fruit Parfait

* Menu subject to change.
This institution is an equal
opportunity provider.